



Community Coach

Hours: Flexible Hours - up to Full Time

Salary: £28k per annum

Based: First Days Charity, Wokingham

Reports to: Head of Operations

Contract Type: Fixed Term for 2 years, with the intention to become permanent should continued funding be agreed.

About First Days:

Our aim for the charity is very clear: we want to close our doors because no one needs our service anymore.

However, with 4.5 million children living in poverty in the UK we actually need to do the opposite - we need to respond to the demands for our service and continue to help as many children as possible.

We believe that organisations like ours should be restoring power, choice and dignity to the people we support as these are the things that are taken away from us when we struggle financially.

These values: Empowerment, Choice and Dignity are core to everything we do at First Days. You can expect to work with a team who care deeply for one another and the families we support and who hold empowerment, choice and dignity as the cornerstone of all our work.

About the role:

We are looking for an experienced coach to join our team at First Days. Training will be available to hone your coaching skills to our specific client group and full support and supervision will be available.

This is a new role for First Days. We have found, through our outreach work, that there is a population of families who would benefit from longer term, holistic, coaching support as they navigate the problems that arise as a result of financial crisis or low income.

Our coaches will work with parents to find solutions to their problems, empower them to access specialist support and encourage them to be independent, as much as is possible, from hardship support services.

Coaching is not just about giving advice, it involves building relationships with people and supporting them to make positive changes in order to reach their full potential.

Instead of fixing a person's problems, a First Days Community Coach provides the tools necessary for the individual to face and manage these challenges on their own.

Coaches will work closely with other support services in the community, especially debt advice services and financial support services, to empower people to access the support they need.

Coaches use recognised and robust approaches to their work and training about our client group is available, ongoing support and supervision will be given. Coaches will use industry recognised, positively focussed, outcome measures to map individuals' progress towards their goals.

We believe this role will restore dignity, power and choice to families suffering the effects of low income and financial hardship, as well as prevent them from needing to access statutory services.

Main responsibilities:

- Coach a caseload of individuals and families towards finding solutions to their problems and living fulfilled and independent lives.
- Work with peers in other charities and support services to empower families to access specialist support.
- Work with the First Days Family Support Team to identify and build relationships with families who would benefit from coaching.
- Work with the CEO to continually develop the coaching model and seek onward and growth funding.

Experience desired:

- Previous coaching experience
- Experience of parenting or working with parents and children

- Certified coaching qualifications or equivalent experience

This is a full-time role based in Wokingham, Berkshire. All the people you support will live in Wokingham Borough, therefore, your own car or other suitable mode of transport is desirable. Travel expenses are reimbursed.

We particularly encourage applications from underrepresented communities. Applications can be made via a covering letter and CV to Emma Cantrell, emma@[firstdays.net](mailto:emma@firstdays.net).